Nursery

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain						Targeted Course myHappymind Places			myHappymind - Celebrate					**JIGSAW** Who... Me?!	**JIGSAW** How am I feeling today?
Spring	myHappymind - Appreciate				**JIGSAW** Gentle hands	**JIGSAW** I'm Special, I'm Me!	myHappymind - Relate				**JIGSAW** Making Friends	**JIGSAW** Standing Up for Yourself	**JIGSAW** Everybody's Body	**JIGSAW** Keeping Clean	**JIGSAW** Stranger Danger	**Buffer** Extra activities on myHappymind
Summer	myHappymind - Engage				My Family and Me! (Understanding family relationships)	**JIGSAW** Make friends, make friends (Qualities of good friends)	**JIGSAW** Falling Out and Bullying (Managing feelings and conflict)	Targeted Course Ready To Shine By myHappymind					**JIGSAW** My Body (Naming body parts correctly and respecting	**JIGSAW** Growing Up (Understanding growth from baby to child and preparing for Reception)	**Buffer** Preparing for Reception	**Buffer** Preparing for Reception

Reception

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	**myHappymind - Meet Your Brain** **Includes Ready to Shine**						**Targeted Course myHappymind Places**			**myHappymind - Celebrate**					**JIGSAW** Words That Hurt	**JIGSAW** Trust & Safe Secrets
Spring	**myHappymind - Appreciate**						**myHappymind - Relate**					**JIGSAW** My Family & Caregivers	**JIGSAW** Friendship Qualities	**JIGSAW** Falling Out & Mending	**JIGSAW** Celebrating Relationships	**JIGSAW** My Body Grows
Summer	**myHappymind - Engage**						**JIGSAW** Exercise & Energy	**JIGSAW** Healthy Food	**JIGSAW** Germs & Hygiene	**JIGSAW** Staying Safe	**JIGSAW** Growing Independence	**JIGSAW** Respecting My Body & Privacy	**JIGSAW** Managing Feelings About Change	**JIGSAW** Moving to Year 1	**JIGSAW** Transition Celebration	**JIGSAW** Year 1 Readiness & RSE Consolidation

Year 1

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	**myHappymind - Meet Your Brain**						**Targeted Course myHappymind Places**			**JIGSAW** Similarities & Differences	**myHappymind - Celebrate**				**JIGSAW** Understanding Bullying	**JIGSAW** Inclusion & Making Friends
Spring	**myHappymind - Appreciate**			**JIGSAW** Healthy Choices	**JIGSAW** Hygiene & Germs	**JIGSAW** Medicine Safety	**myHappymind - Relate**			**JIGSAW** My Family & Caregivers	**JIGSAW** Friendship Qualities	**JIGSAW** Physical Boundaries & Greetings	**JIGSAW** People Who Help Us	**JIGSAW** Being a Good Friend	**JIGSAW** Celebrating Relationships	**Buffer** Spring Consolidation & myHappymind Catch-Up
Summer	**myHappymind - Engage**				**JIGSAW** Life Cycles in Nature & Humans	**JIGSAW** Growing Up (Baby to Now)	**JIGSAW** My Changing Body	**JIGSAW** Boys' & Girls' Bodies	**JIGSAW** Learning & Growing	**JIGSAW** Coping with Change (Moving to Year 2)	**JIGSAW** Body Safety & PANTS Rule	**Buffer** Catch-up on Missed Lessons or Practical Activities	**Buffer** myHappymind Resource Hub Extra Resources	**Buffer** myHappymind Bonus Content & Themed Activities	**Buffer** myHappymind Bonus Content & Themed Activities	**Buffer** Year 1 PSHE & RSE Consolidation

Year 2

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Autumn	myHappymind - Meet Your Brain Includes Ready to Shine						Targeted Course myHappymind Places			**JIGSAW** Hopes and Fears for the Year	**JIGSAW** Rights and Responsibilities	**JIGSAW** Rewards and Consequences	**JIGSAW** Rewards and Consequences	**JIGSAW** Our Learning Charter	**JIGSAW** Owning Our Learning Charter	**JIGSAW** Whole-School Learning Charter Consolidation
Spring	myHappymind - Appreciate						myHappymind - Relate					**JIGSAW** My Family & Caregivers	**JIGSAW** Friendship Qualities	**JIGSAW** Falling Out & Mending	**JIGSAW** **Words That Hurt**	**JIGSAW** Trust & Safe Secrets
Summer	myHappymind - Engage						**JIGSAW** Exercise & Energy	**JIGSAW** Healthy Food	**JIGSAW** Germs & Hygiene	**JIGSAW** Staying Safe	**JIGSAW** Celebrating Relationships	**JIGSAW** My Body Grows	**JIGSAW** Growing Independence	**JIGSAW** Respecting My Body & Privacy	**JIGSAW** Managing Feelings About Change	**JIGSAW** Moving to Next Year Group & Transition Celebration